

# RUSLAN RUSSIAN 1

Student Workbook  
to accompany the  
Ruslan 1 course book

Alphabet Introduction  
and Lesson 1



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## How to use this workbook


This workbook gives you 203 exercises to support the Ruslan 1 Russian course. Some of these are taken from the Ruslan 1 CD Rom. Most of them are newly created for this publication.

The exercises may be used by individuals working alone, or by groups with a teacher. Teachers can use the exercises orally in class, as well as for tests or for homework. Teachers and schools etc. who wish to make photocopies of pages of the book can obtain a licence for this from Ruslan Limited.

The majority of the questions in the exercises have a single possible answer and these are given in the key at the back of the book.

When writing in Russian it will often be a good idea to use a pencil in the first instance.

Exercises marked  6 are listening exercises, based on recordings on the audio CD that is packaged with the book. The number is the track number on the CD. When you are using the recordings, be ready with the pause button for when you want to write down an answer! Replay the recordings and listen to them as many times as you need to.

The symbol  is used for advice or to refer you to a page in the Ruslan Russian 1 student book, third edition.

The stress marks on the Russian vowels are given in most of the exercises, but you do not need to reproduce these when you are writing your answers. Stress marks are not given on upper case letters. This is important when a word begins with a vowel. For example the name "Anna" - Анна - is given without a stress mark because the stress falls on the first letter "A" which is upper case. However the name "Sergey" is stressed on the second syllable, and the stress is marked on the letter "é" - Серге́й.

Remember that the stress marks are only an aid to learning. They will not be there to help you when you travel to Russia!

John Langran  
September 2007

## **О вас!** (About you!)

**Имя:** \_\_\_\_\_

**Фамилия:** \_\_\_\_\_

**Адрес:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Ваша профессия:** \_\_\_\_\_

**Ваша семья:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Ваши интересы:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**“Повторение - мать учения!”**

**- “Repetition is the mother of learning!”**

1. Russian handwriting. Copy out the letters and the words.  
Use pencil and rubber until you get them right!

Handwriting tips:  
Ruslan 1 book page 6



А а	áтом	<i>А, а</i>	_____	<i>а́том</i>	_____
Б б	бага́ж	<i>Б, б</i>	_____	<i>бага́ж</i>	_____
В в	вино́	<i>В, в</i>	_____	<i>вино́</i>	_____
Г г	грамм	<i>Г, г</i>	_____	<i>грамм</i>	_____
Д д	Ла́да	<i>Д, д</i>	_____	<i>Ла́да</i>	_____
Е е	десе́рт	<i>Е, е</i>	_____	<i>десе́рт</i>	_____
Ё ё	Горбачёв	<i>Ё, ё</i>	_____	<i>Горбачёв</i>	_____
Ж ж	журнал	<i>Ж, ж</i>	_____	<i>журнал</i>	_____
З з	блúзка	<i>З, з</i>	_____	<i>блúзка</i>	_____
И и	кио́ск	<i>И, и</i>	_____	<i>кио́ск</i>	_____
Й й	трамва́й	<i>Й, й</i>	_____	<i>трамва́й</i>	_____
К к	парк	<i>К, к</i>	_____	<i>парк</i>	_____
Л л	план	<i>Л, л</i>	_____	<i>план</i>	_____
М м	мене́ю	<i>М, м</i>	_____	<i>мене́ю</i>	_____
Н н	те́ннис	<i>Н, н</i>	_____	<i>те́ннис</i>	_____
О о	шокола́д	<i>О, о</i>	_____	<i>шокола́д</i>	_____
П п	пробле́ма	<i>П, п</i>	_____	<i>пробле́ма</i>	_____
Р р	метро́	<i>Р, р</i>	_____	<i>метро́</i>	_____
С с	спорт	<i>С, с</i>	_____	<i>спорт</i>	_____
Т т	такси́	<i>Т, т</i>	_____	<i>такси́</i>	_____
У у	туале́т	<i>У, у</i>	_____	<i>туале́т</i>	_____


Ф	ф	футбóл	Ф, ф	_____	футбол	_____
Х	х	хокке́й	Х, х	_____	хоккей	_____
Ц	ц	ца́рь	Ц, ц	_____	царь	_____
Ч	ч	по́чта	Ч, ч	_____	почта	_____
Ш	ш	шокола́д	Ш, ш	_____	шоколад	_____
Щ	щ	борщ	Щ, щ	_____	борщ	_____
Ъ	ъ	объект	Ъ, ъ	_____	объект	_____
Ы	ы	му́зыка	Ы, ы	_____	музыка	_____
Ь	ь	контрóль	Ь, ь	_____	контроль	_____
Э	э	экспéрт	Э, э	_____	эксперт	_____
Ю	ю	бюро́	Ю, ю	_____	бюро	_____
Я	я	ко́ньяк	Я, я	_____	коньяк	_____

2. Look at the pictures and find the words:



- a. "express" \_\_\_\_\_
- б. "Duma" (Russian Parliament) \_\_\_\_\_
- в. "theatre" \_\_\_\_\_
- г. "terminal" \_\_\_\_\_


### 3. Recognise the names:

You do not need to write in the stress marks! 

Чайко́вский - Гага́рин - Нури́ев - Пу́тин - Толсто́й

Write in the names in Russian:

- |                   |       |                 |       |
|-------------------|-------|-----------------|-------|
| a. the cosmonaut  | _____ | г. the dancer   | _____ |
| б. the politician | _____ | д. the musician | _____ |
| в. the writer     | _____ |                 |       |

You do not need to complete work on the alphabet before you start lessons 1 and 2. You can come back later! 

### 4. Which is which?

Во́лга - А́тлантика - Бе́рлин - Байка́л - А́нтарктика - Ма́рс

Write in the names in Russian:

- |              |       |                  |       |
|--------------|-------|------------------|-------|
| a. the ocean | _____ | г. the continent | _____ |
| б. the city  | _____ | д. the planet    | _____ |
| в. the river | _____ | е. the lake      | _____ |

### 5. Which is which?

киломе́тр - килогра́мм - па́нда - джи́н - мину́та - те́ннис

Write in the words in Russian:

- |                 |       |               |       |
|-----------------|-------|---------------|-------|
| a. the animal   | _____ | г. the weight | _____ |
| б. the distance | _____ | д. the drink  | _____ |
| в. the sport    | _____ | е. 60 seconds | _____ |

### 6. Which is which?

депре́ссия - абсу́рд - катастро́фа - резу́льтат - дива́н  
кандида́т - кале́йдоско́п

Write in the words in Russian:

- |                                    |       |
|------------------------------------|-------|
| a. something that makes no sense   | _____ |
| б. someone who wants to be elected | _____ |
| в. a bad condition to be in        | _____ |
| г. a piece of furniture            | _____ |
| д. a consequence                   | _____ |
| е. something terrible              | _____ |
| ж. lots of colours and shapes      | _____ |

## 7. Which is which?

реалист - коммунист - капиталист - пессимист - оптимист

Write in the words in Russian:

- a. Hopeful person \_\_\_\_\_
- б. The opposite \_\_\_\_\_
- в. Neither (a) nor (б) \_\_\_\_\_
- г. Lenin was one \_\_\_\_\_
- д. Opposite of (г) \_\_\_\_\_

## 8. Which is which?

царь - лимон - театр - роза - бомба - пингвин - крокодил

Which is which? Write in the words in Russian:

- a. the animal \_\_\_\_\_
- б. the flower \_\_\_\_\_
- в. the fruit \_\_\_\_\_
- г. the leader \_\_\_\_\_
- д. the weapon \_\_\_\_\_
- е. the bird \_\_\_\_\_
- ж. the building \_\_\_\_\_

## 9. Which is which?

чемпион - туберкулёз - орбита - спутник - минимум - максимум  
алфавит - фанатик - энтузиаст - пирамида - интервью

Write in the words in Russian:

- a. a serious disease \_\_\_\_\_
- б. a Russian space craft \_\_\_\_\_
- в. around the world \_\_\_\_\_
- г. the least \_\_\_\_\_
- д. the most \_\_\_\_\_
- е. the winner \_\_\_\_\_
- ж. a conversation \_\_\_\_\_
- з. three sides and 3-D \_\_\_\_\_
- и. a keen person \_\_\_\_\_
- к. too keen! \_\_\_\_\_
- л. what you are studying now! \_\_\_\_\_

## 10. Which is which?

адмирал - генерал - проблема - интернет - метод  
парадокс - юмор - джаз

Which is which? Write in the words:

- a. leading an army \_\_\_\_\_
- б. leading a fleet \_\_\_\_\_
- в. incomprehensible \_\_\_\_\_
- г. a way of doing something \_\_\_\_\_
- д. where all the information is! \_\_\_\_\_
- е. have you a sense of this? \_\_\_\_\_
- ж. a type of music \_\_\_\_\_
- з. you could do without it! \_\_\_\_\_

## 11. Which is which?

музыка - шашлык - этаж - инженер - американец - товарищ - щи

- a. on a skewer \_\_\_\_\_
- б. a person that makes things \_\_\_\_\_
- в. cabbage soup \_\_\_\_\_
- г. a floor of a building \_\_\_\_\_
- д. from the USA \_\_\_\_\_
- е. good to listen to \_\_\_\_\_
- ж. a comrade \_\_\_\_\_

## 12. Which is which?

Москвич - Чехов - Шагал - Чечня - Хрущёв  
Шостакович - Урал - Якутск

- a. Russian playwright \_\_\_\_\_
- б. Russian painter \_\_\_\_\_
- в. Russian composer \_\_\_\_\_
- г. Russian car \_\_\_\_\_
- д. a town in Siberia \_\_\_\_\_
- е. a politician from the 60's \_\_\_\_\_
- ж. troubled state in the Caucasus \_\_\_\_\_
- з. mountain range \_\_\_\_\_

**13. Which is which?**

температура - бюрократ - хаос - жираф  
 калашников - факт - пропаганда

- a. something that is true: \_\_\_\_\_
- б. something that probably isn't true \_\_\_\_\_
- в. a paper pusher \_\_\_\_\_
- г. has a long neck \_\_\_\_\_
- д. disorder, confusion \_\_\_\_\_
- е. a measurement of heat \_\_\_\_\_
- ж. a weapon \_\_\_\_\_

**14. Фотографии - Photos:**



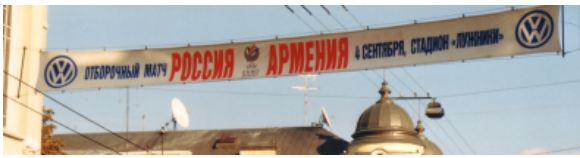
- a. What could you buy here?  
 \_\_\_\_\_



- б. What could you buy here?  
 \_\_\_\_\_



- в. What are they waiting for?  
 \_\_\_\_\_



г. Who is Russia playing?

---



**КИНОТЕАТР**



д. What is this building?

---



е. What's the name of this Bulgarian barge on the Moscow River?

---

**ДМИТРОВ**

**ЦЕМЕНТ**

ж. What's in the tanker driving past the White House?

---



з. What is Marina reading?

\_\_\_\_\_

Л.Н. Толстой  
Анна  
Каренина



и. The ultimate test! You are in the wrong place to read the name of this town on the Volga. Can you read it from behind?

\_\_\_\_\_

САРАТОВ



15. **Русские городá - "Russian towns"**  
Listen to the recording and write in the town names in Russian letters, as they are spelled out. Each is read twice:

- а. \_\_\_\_\_
- б. \_\_\_\_\_
- в. \_\_\_\_\_
- г. \_\_\_\_\_
- д. \_\_\_\_\_
- е. \_\_\_\_\_
- ж. \_\_\_\_\_
- з. \_\_\_\_\_
- и. \_\_\_\_\_

1. Vocabulary. Write in the Russian words:

souvenir	_____	ticket	_____
visa	_____	toilet	_____
sport	_____	female tourist	_____
luggage	_____	declaration	_____
problem	_____	vodka	_____
chocolate	_____	kiosk	_____
journal, magazine	_____		

виза - багаж - декларация - шоколад - туалет - сувенир - проблема  
 водка - журнал - билет - туристка - спорт - киоск

2. Vocabulary. Write in the Russian words:

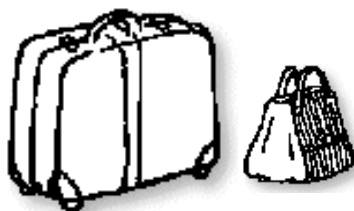
Moscow	_____	lamp	_____
London	_____	cassette	_____
student	_____	mafia	_____
aspirin	_____	tourist	_____
passport	_____	telephone	_____
airport	_____	football	_____
drug	_____	newspaper	_____

паспорт - кассета - Лондон - Москва - турист - аспири́н - наркоти́к  
 футбо́л - ла́мпа - аэропо́рт - ма́фия - телефо́н - студе́нт - газе́та

3. Write in captions, using words from the lists in exercises 1 and 2:



а. \_\_\_\_\_ б. \_\_\_\_\_ в. \_\_\_\_\_ г. \_\_\_\_\_



д. \_\_\_\_\_ е. \_\_\_\_\_ ж. \_\_\_\_\_

4. Sort the following nouns according to gender, masculine or feminine. The first 3 are done for you:

Gender of nouns:  
Ruslan 1 book page 12

	М.	Ж.
пробле́ма		пробле́ма
бага́ж	бага́ж	
шокола́д	шокола́д	
туале́т		
сувени́р		
грамм		
во́дка		
биле́т		
ви́за		
декларáция		
журна́л		
па́спорт		
кассéта		
аспирín		
газéта		
аэропо́рт		

5. Make short conversations using the words from exercise 4

Examples:

- |                    |                   |
|--------------------|-------------------|
| - Это ва́ша ви́за? | - Это ваш бага́ж? |
| - Да, моё.         | - Нет, не мой.    |

Possessives:  
Ruslan 1 book page 12

6. Make short conversations using the words from exercise 4

Examples:

- |                    |                      |
|--------------------|----------------------|
| - Где ваш аспирín? | - Где ва́ша гита́ра? |
| - Вот он!          | - Вот она́!          |

Articles and "to be":  
Ruslan 1 book page 11

7. Make short conversations using the words from the list below:

аэропо́рт - журна́л - Ната́ша - ви́за - он - да

- |                       |                               |
|-----------------------|-------------------------------|
| а. - Кто это?         | г. - Где ваш бага́ж?          |
| - Это _____.          | - Вот ____!                   |
| б. - Что это?         | д. - Шереме́тьево, это _____? |
| - Это мой _____.      | - ____!                       |
| в. - Это ва́ша _____? |                               |
| - Нет, не моё.        |                               |

**8. Make short conversations using the words from the list below:**

нет - аспи́рин - студéнтка - кассéта - студéнт

- а. - Что это?  
 - Это мой \_\_\_\_\_.
- б. - Ната́ша журнали́стка?  
 - Нет, она́ \_\_\_\_\_.
- в. - Это ва́ша \_\_\_\_\_?  
 - Нет, не мо́я.
- г. - Кто Бори́с?  
 - Он \_\_\_\_\_.
- д. - Хи́лтон, éто аэропо́рт?  
 - \_\_\_\_!

**9. International words for business. Work out the meanings:**

дирéктор	_____	компáния	_____
контéйнер	_____	контрáкт	_____
конферен́ция	_____	компью́тер	_____
кредíт	_____	ксéрокс	_____
курьéр	_____	лифт	_____
ма́фия	_____	марке́тинг	_____
о́фис	_____	партнё́р	_____
прíнтер	_____	сейф	_____
семина́р	_____	тэ́лекс	_____
телефо́н	_____	фа́кс	_____
фи́рма	_____	фотоко́пия	_____

**10. Add captions from exercise 9:**



\_\_\_\_\_

11. Answer the questions:

- a. - Это принтер или компьютер?  
 - Это \_\_\_\_\_.



- б. - Это лимонад или водка?  
 - \_\_\_\_\_.



- в. - Это паспорт или декларация?  
 - \_\_\_\_\_.



12. Make up your own questions and answers using the same model and using the words given:

- a. билет / паспорт

- \_\_\_\_\_  
 - \_\_\_\_\_



- б. чемодан / сумка

- \_\_\_\_\_  
 - \_\_\_\_\_



- в. чемодан / сумка

- \_\_\_\_\_  
 - \_\_\_\_\_



- г. газета / журнал

- \_\_\_\_\_  
 - \_\_\_\_\_



**13. Professions. International words. Work out the meanings:**

администратор	_____	музыкант	_____
бизнесмен	_____	пенсионер	_____
гитарист	_____	программист	_____
директор	_____	профессор	_____
журналист	_____	секретарша	_____
инженер	_____	солдат	_____
консультант	_____	студент	_____
космонавт	_____	стюардесса	_____
лингвист	_____	фермер	_____
математик	_____	физик	_____
менеджер	_____	футболист	_____
механик	_____	экономист	_____

**14. Professions. Add captions from exercise 13:**



а. \_\_\_\_\_



б. \_\_\_\_\_



в. \_\_\_\_\_



г. \_\_\_\_\_



д. \_\_\_\_\_



е. \_\_\_\_\_

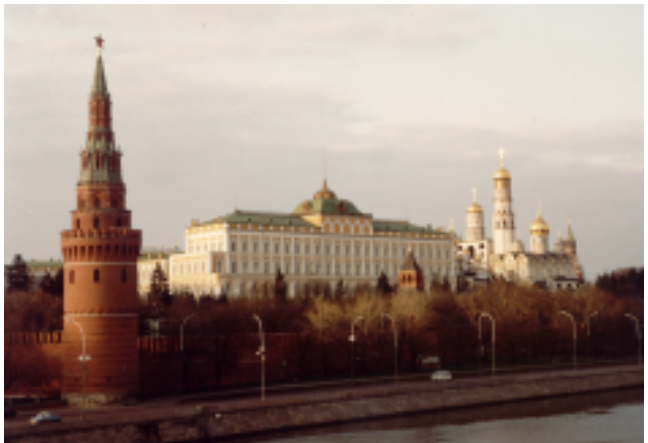
15. **Москва́ - Moscow. Match the captions to the pictures.  
Write them in in Russian:**

Красная площадь (Red Square) - Кремль (The Kremlin)  
Большой театр (The Bolshoy Theatre)

а. \_\_\_\_\_  
\_\_\_\_\_




б. \_\_\_\_\_



в. \_\_\_\_\_



-  3 **16. Listen to the conversations and write down what jobs the people do. Choose jobs from the list:**

журналист - инженер - стюардесса - экономист  
музыкант - программист - пенсионер

- а. Анна \_\_\_\_\_  
б. Сергей \_\_\_\_\_  
в. Николай \_\_\_\_\_  
г. Ольга \_\_\_\_\_  
д. Виктор Васильевич \_\_\_\_\_

-  4 **17. Listen to the conversation and write down how people describe themselves:**

оптимист - пессимист - реалист - циник

- а. Сергей \_\_\_\_\_  
б. Анна \_\_\_\_\_

-  5 **18. Listen to the conversations and write down what belongs to whom. Choose items from the list:**

паспорт - билет - чемодан - сумка - газета - журнал

- а. Сергей \_\_\_\_\_  
\_\_\_\_\_
- б. Анна \_\_\_\_\_  
\_\_\_\_\_

## 19. Role play. Prepare the following to act out:

1a.

You are arriving at Moscow Sheremetyevo airport. Start a conversation with the person next to you:

Say "Hello!"

Ask if this is Moscow.

Ask if he / she is a tourist.

When asked, say that you are a tourist.

Ask if it is Sheremetyevo-1 or Sheremetyevo-2.

Say "thank you".

16.

You are arriving at Moscow Sheremetyevo airport. The person next to you starts talking:

Say "Hello!"

Say yes, it is Moscow.

When asked, say that you are not a tourist. You are a journalist.

Ask if he / she is a tourist.

When asked, say that it is Sheremetyevo-2.

2a.

You are helping a Russian who has arrived at London Heathrow airport. You are at the luggage reclaim. He / she is rather short-sighted:

Ask if this is his/her suitcase.

Ask if he is Вадим Смирнов or if she is Анна Смирнова.

Ask if this is his / her suitcase.

Ask if this is his / her bag.

Ask if he / she is a tourist.

26.

You are a Russian engineer (Вадим Смирнов / Анна Смирнова). You are looking for your case and bag at Heathrow airport. Being a bit short-sighted, you are pleased that someone wants to help you:

The first suitcase you are asked about is not yours.

Confirm your name.

Yes, the second case is yours.

The bag is yours. Thank him / her.

When asked, you are not a tourist. You are an engineer.

### Useful words and phrases:

Здравствуйте!

Вы .....

Это .....

Нет, я не .....

Я .....

Это ..... или .....

Это ваш / ваша .....

Спасибо!



**The Alphabet**

- Ex. 1 See Ruslan 1 book pps. 5,6. Words not listed are international.  
 Ex. 2 экспресс, Дума, театр, терминал.  
 Ex. 3 Гагарин, Путин, Толстой, Нуриев, Чайковский.  
 Ex. 4 Атлантика, Берлин, Волга, Антарктика, Марс, Байкал.  
 Ex. 5 панда, километр, теннис, килограмм, джин, минута.  
 Ex. 6 абсурд, кандидат, депрессия, диван, результат, катастрофа, калейдоскоп.  
 Ex. 7 оптимист, пессимист, реалист, коммунист, капиталист.  
 Ex. 8 крокодил, роза, лимон, царь, бомба, пингвин, театр.  
 Ex. 9 туберкулёз, спутник, орбита, минимум, максимум, чемпион, интервью, пирамида, энтузиаст, фанатик, алфавит.  
 Ex. 10 генерал, адмирал, парадокс, метод, интернет, юмор, джаз, проблема.  
 Ex. 11 шашлык, инженер, щи, этаж, американец, музыка, товарищ.  
 Ex. 12 Чехов, Шагал, Шостоквич, Москвич, Якутск, Хрущёв, Чечня, Урал.  
 Ex. 13 факт, пропаганда, бюрократ, жираф, хаос, температура, калашников.  
 Ex. 14 Audio and Video Cassettes, Cds. Wine. Football. Armenia. Cinema. Dmitrov. Cement. Anna Karenina. Saratov.  
 Ex. 15 МОСКВА, НОВОСИБИРСК, ВЛАДИВОСТОК, САМАРА, МУРМАНСК, ХАБАРОВСК, ТОМСК, СМОЛЕНСК, ЯКУТСК.

**Lesson 1**

- Ex. 1, 2 See Ruslan 1 book p. 10. Words not listed are international.  
 Ex. 3 лампа, водка, туалет, турист, паспорт, багаж, киоск  
 Ex. 4 Masculine: багаж, шоколад, туалет, сувенир, грамм, билет, журнал, паспорт, аспирин, аэропорт. The others are feminine.  
 Ex. 5,6 Teacher marking required.  
 Ex. 7 Наташа - журнал - виза - он - аэропорт - Да!  
 Ex. 8 аспирин - студентка - кассета - студент - Нет!  
 Ex. 9 Director, container, conference, credit, courier, mafia, office, printer, seminar, telephone, firm, company, contract, computer, xerox (photocopy), lift, marketing, partner, a safe, telex, fax, photocopy.  
 Ex. 10 Мафия. Телефон. Лифт.  
 Ex. 11 Это компьютер. Это лимонад. Это паспорт.  
 Ex. 12 - Это билет или паспорт? - Это билет.  
 - Это чемодан или сумка? - Это чемодан.  
 - Это чемодан или сумка? - Это сумка.  
 - Это газета или журнал? - Это журнал.  
 Ex. 13 administrator, businessperson, guitarist, director, journalist, engineer, consultant, cosmonaut, linguist, mathematician, manager, mechanic, musician, pensioner, programmer, professor, secretary (fem.), soldier, student, stewardess, farmer, physicist, footballer, economist.  
 Ex. 14 Это космонавт. Это фермер. Это гитарист / музыкант. Это футболист. Это солдат. Это директор.  
 Ex. 15 Большой театр. Кремль. Красная площадь.  
 Ex. 16 in order: экономист, музыкант, программист, стюардесса, пенсионер.  
 Ex. 17 in order: циник, реалист  
 Ex. 18 Сергей: паспорт, билет, журнал. Анна: чемодан, сумка, газета.